



# Association Between Achieved LDL-Cholesterol Levels and Long-term Cardiovascular and Safety Outcomes: An Analysis of FOURIER-OLE

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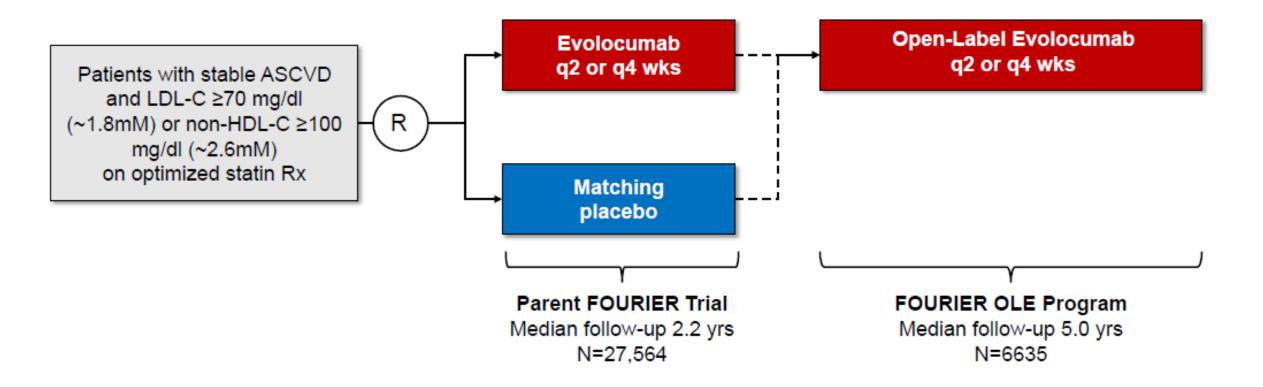
### **Disclosures**

FOURIER and FOURIER-OLE were funded by Amgen Inc.



# Study Schema: FOURIER and FOURIER-OLE fourier-OLE

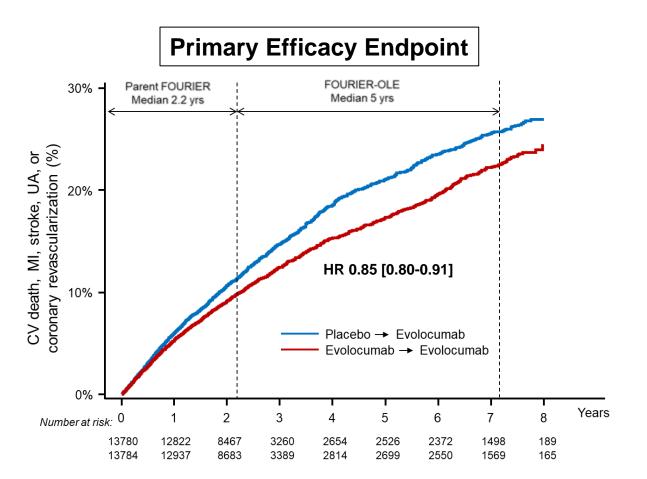


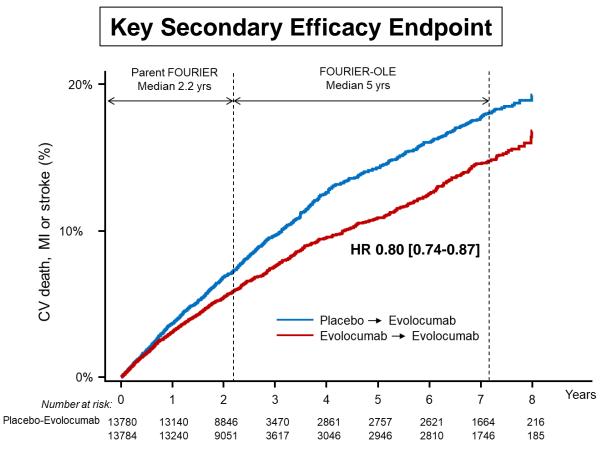




# Results of FOURIER and FOURIER-OLE – CV Outcomes









# **Objective**



To explore the relationship between achieved LDL-C levels and the occurrence of long-term adverse cardiovascular and safety outcomes, down to very low (<20 mg/dL) achieved LDL-C levels, in FOURIER-OLE.



# **Methods**



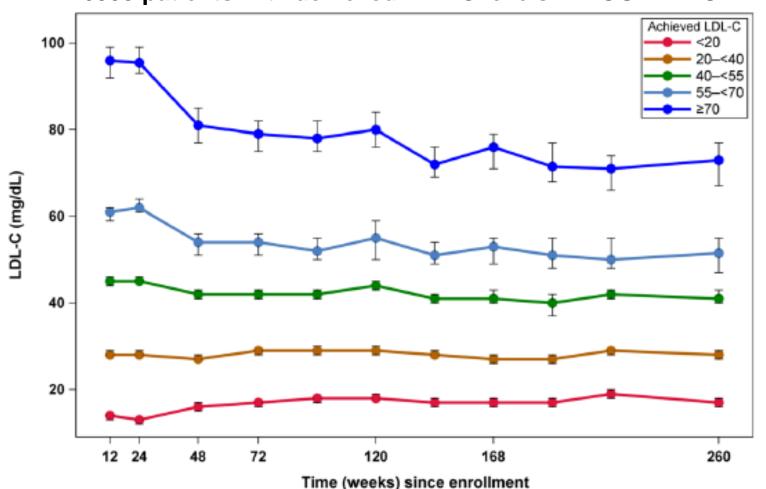
- Patients divided into 5 categories based on achieved LDL-C
  - Used an average of the first 2 LDL-C levels (when available), measured at 12, 24, or 48 weeks after enrollment in FOURIER-OLE
- CV and safety outcomes
- Multivariable models were adjusted for baseline characteristics associated with achieved LDL-C
  - Age, BMI, sex, race, current smoker, prior MI, prior non-hemorrhagic stroke, history of diabetes, history of peripheral arterial disease, high-intensity statin use, ezetimibe use, lipoprotein(a) levels at 12 weeks, and baseline HgbA1c (only for new-onset DM)



# **Achieved LDL-C Over Time**



#### 6559 patients with achieved LDL-C levels in FOURIER-OLE



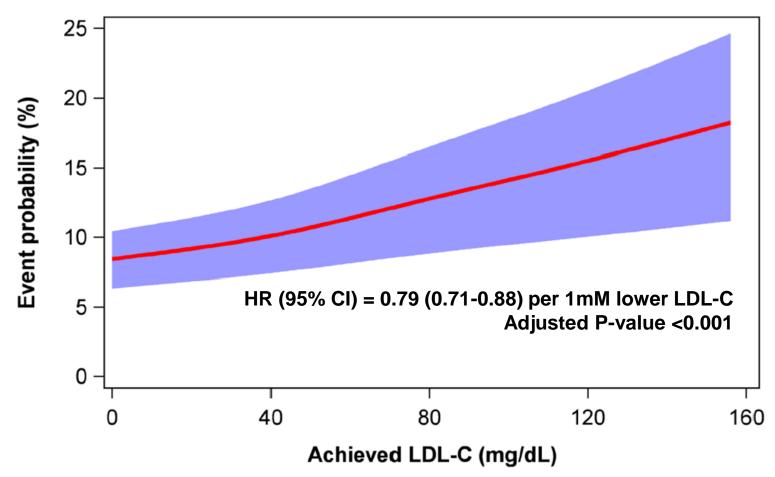
1604 (24%) of pts achieved LDL-C levels <20mg/dL



## **CV** Outcomes and Achieved LDL-C



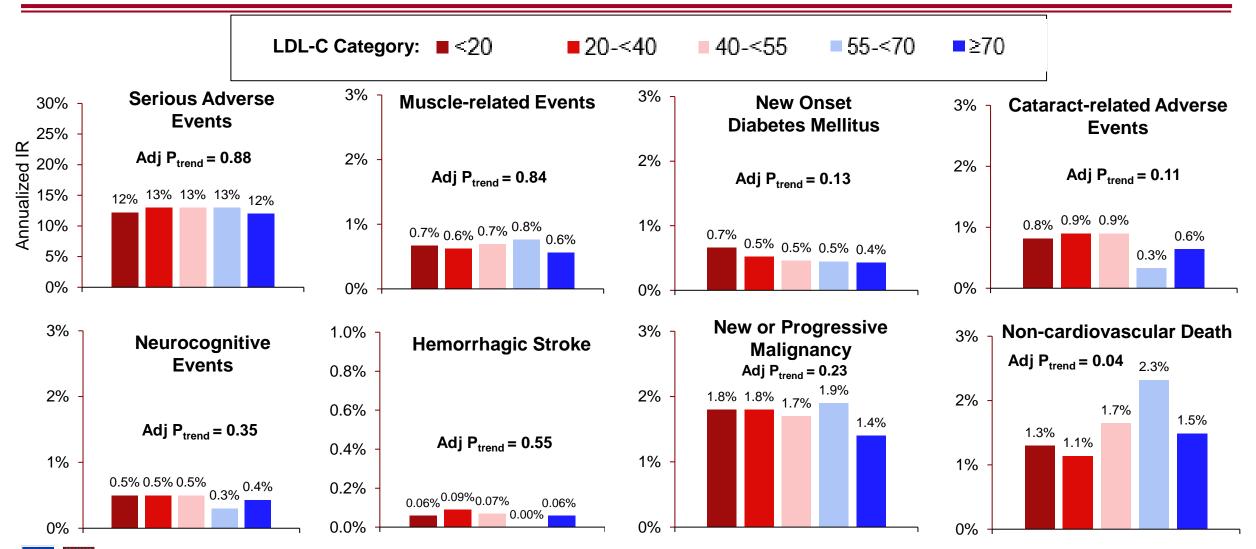
#### CV death, MI, or stroke





# Safety and Achieved LDL-C







# **Summary & Conclusions**



- Monotonic relationship between lower achieved LDL-C levels, down to very low LDL-C levels <20 mg/dL, and a lower risk of cardiovascular events in FOURIER-OLE
- No serious safety concerns with low LDL-C over the additional 5yr follow-up period (max 8.6 yrs)
- Altogether, these data suggest that achieving a very low LDL-C level over the long-term is both effective and safe for patients with ASCVD





#### Circulation

#### **ORIGINAL RESEARCH ARTICLE**





Association Between Achieved Low-Density Lipoprotein Cholesterol Levels and Long-Term Cardiovascular and Safety Outcomes: An Analysis of FOURIER-OLE

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