

ACC.26

Evolocumab in Patients without Known Atherosclerosis and with Diabetes: Secondary Analysis from VESALIUS-CV

Nicholas Marston, MD, MPH

Investigator, TIMI Study Group

Cardiologist, Brigham and Women's Hospital

Harvard Medical School

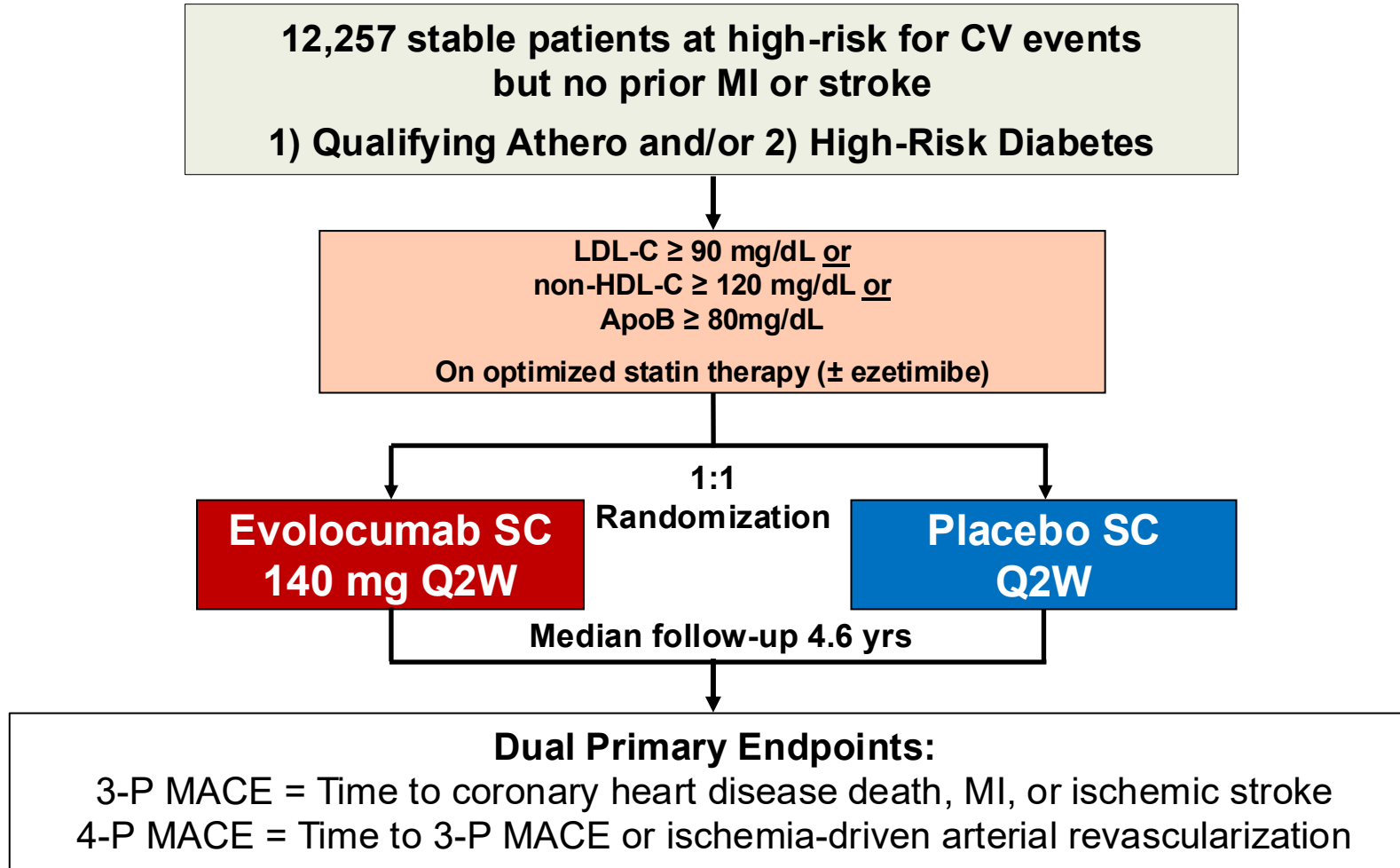
TIMI

vesalius-cv



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Trial Design



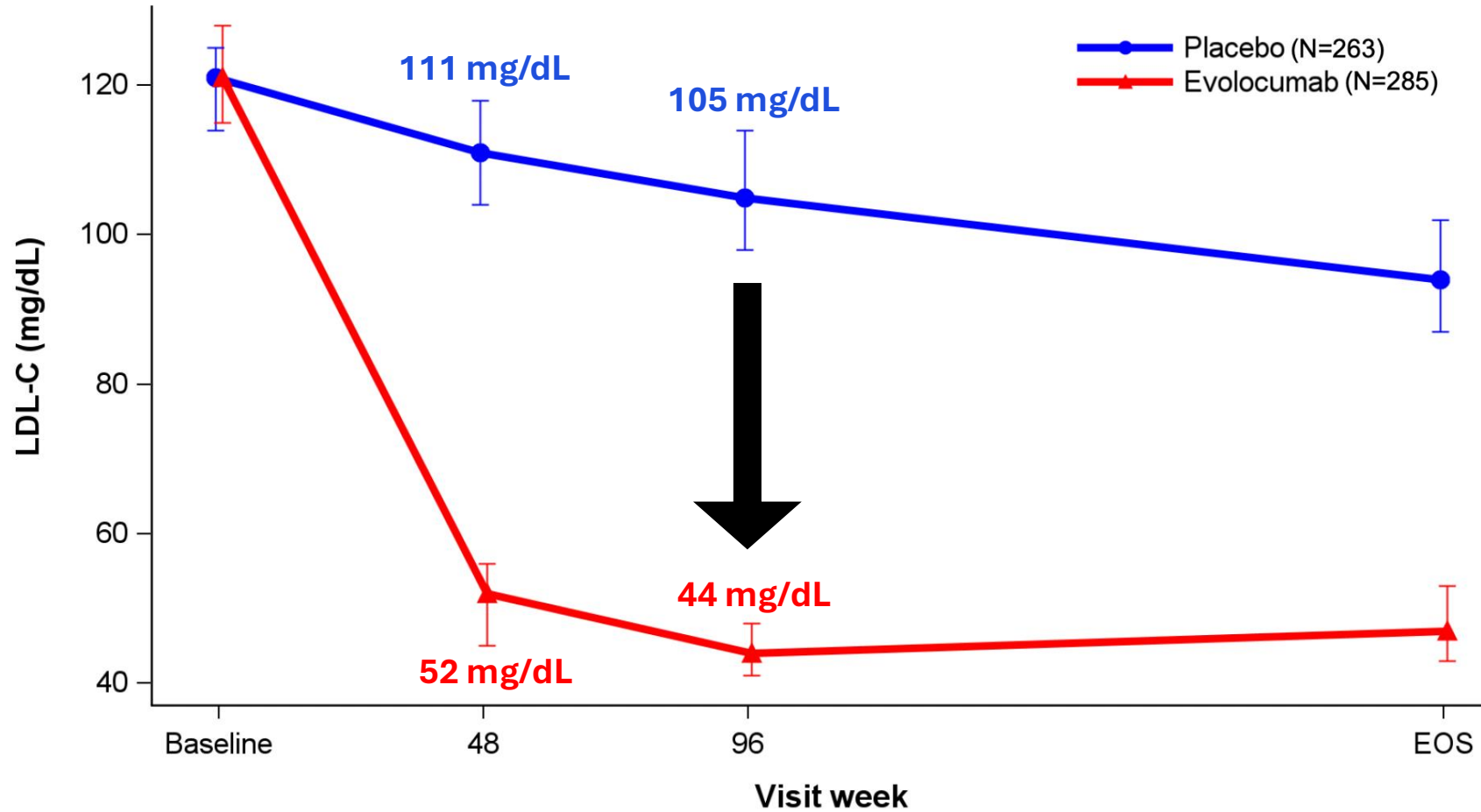
No Known Significant Atherosclerosis Subgroup

- N = 3,655 patients (30% of VESALIUS-CV)
- No known significant atherosclerosis, defined as:
 - No prior arterial revascularization,
 - No known arterial stenosis $\geq 50\%$, and
 - No known coronary artery calcium (CAC) score ≥ 100 Agatston units
- Per protocol, all had high-risk diabetes defined as
 - ≥ 10 years duration, daily insulin use, or microvascular disease

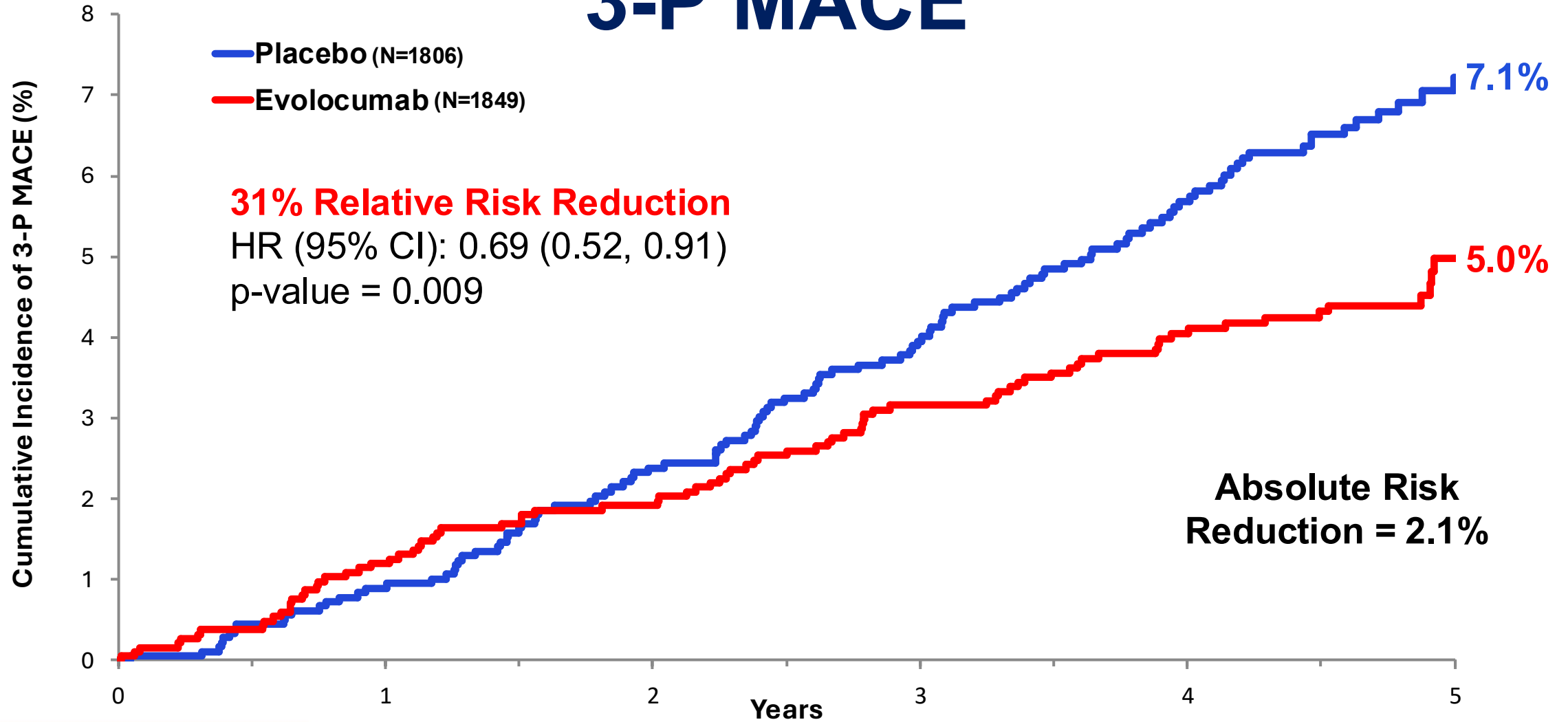
Baseline Characteristics

Demographics	N=3,655	Lipid-lowering therapy (LLT)	
Age (years)	65 [60, 70]	Any LLT	89%
Female	57%	High-intensity LLT regimen	68%
White	93%	Any statin	84%
Hispanic	23%	High-intensity statin	64%
		Ezetimibe	14%
Co-morbidities		Lipid Values (mg/dL)	
High-risk diabetes	99.5%	LDL-C	132 [108-156]
BMI	31 [28-36]	Non-HDL-C	163 [138-192]
Hypertension	88%	Apolipoprotein B	110 [94-131]
Current smoking	28%		

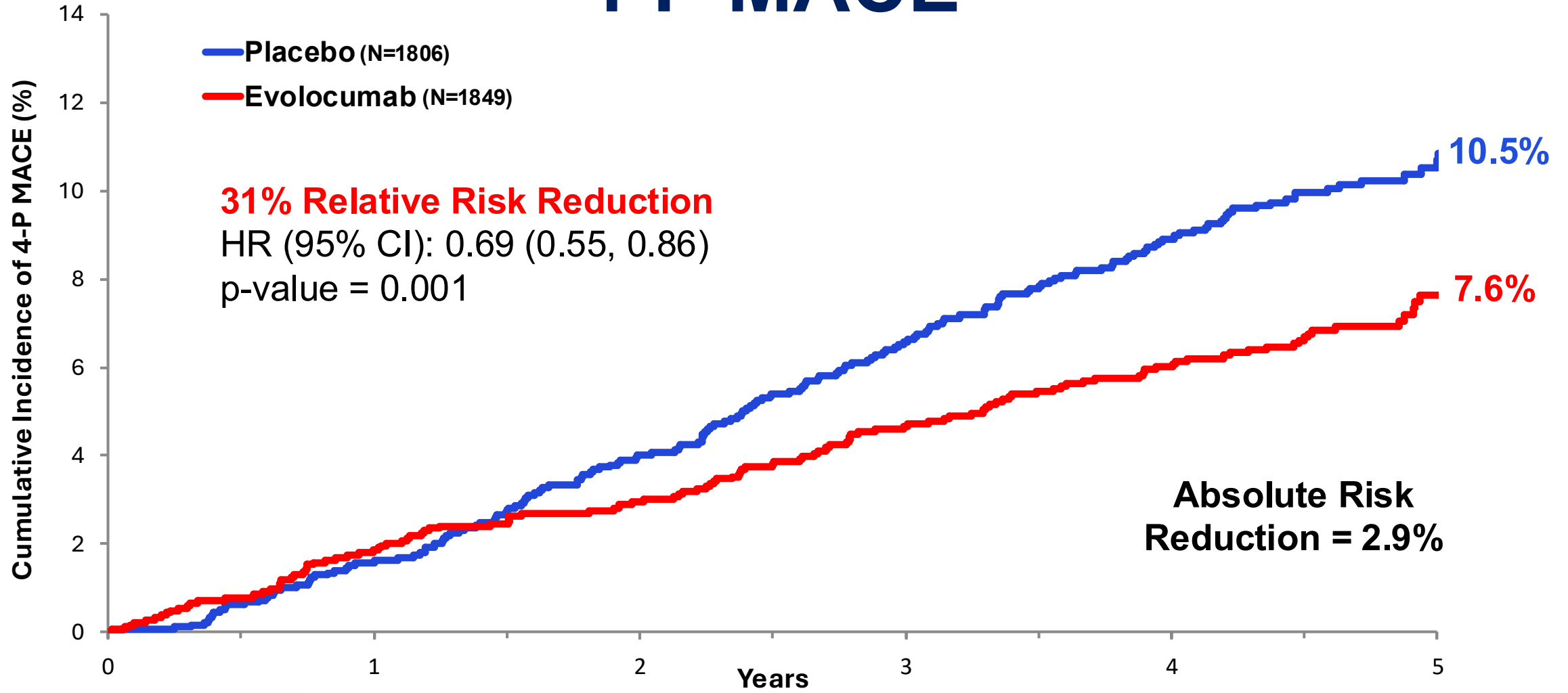
Effect of Evolocumab on LDL-C in Lipid Substudy



Dual Primary Endpoints: 3-P MACE

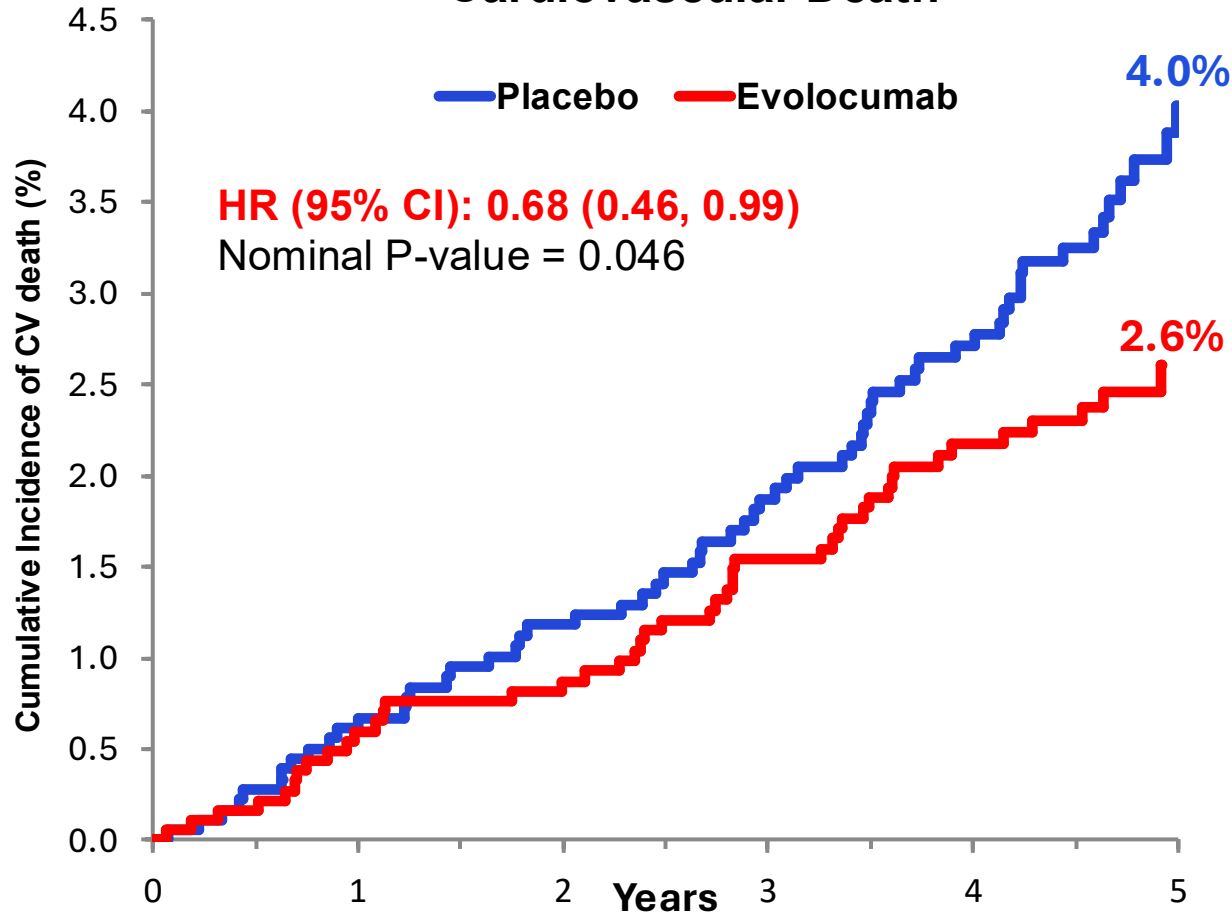


Dual Primary Endpoints: 4-P MACE

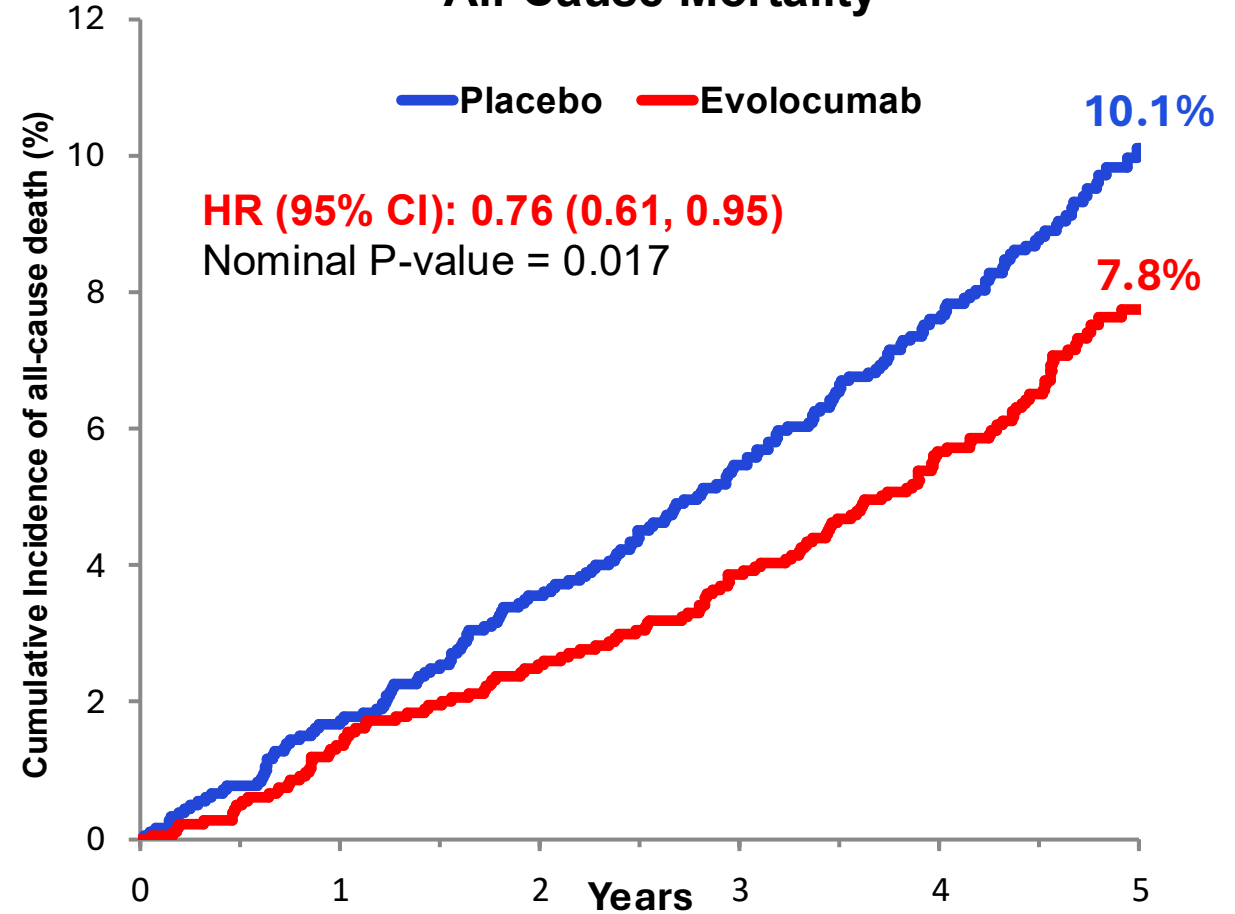


Mortality

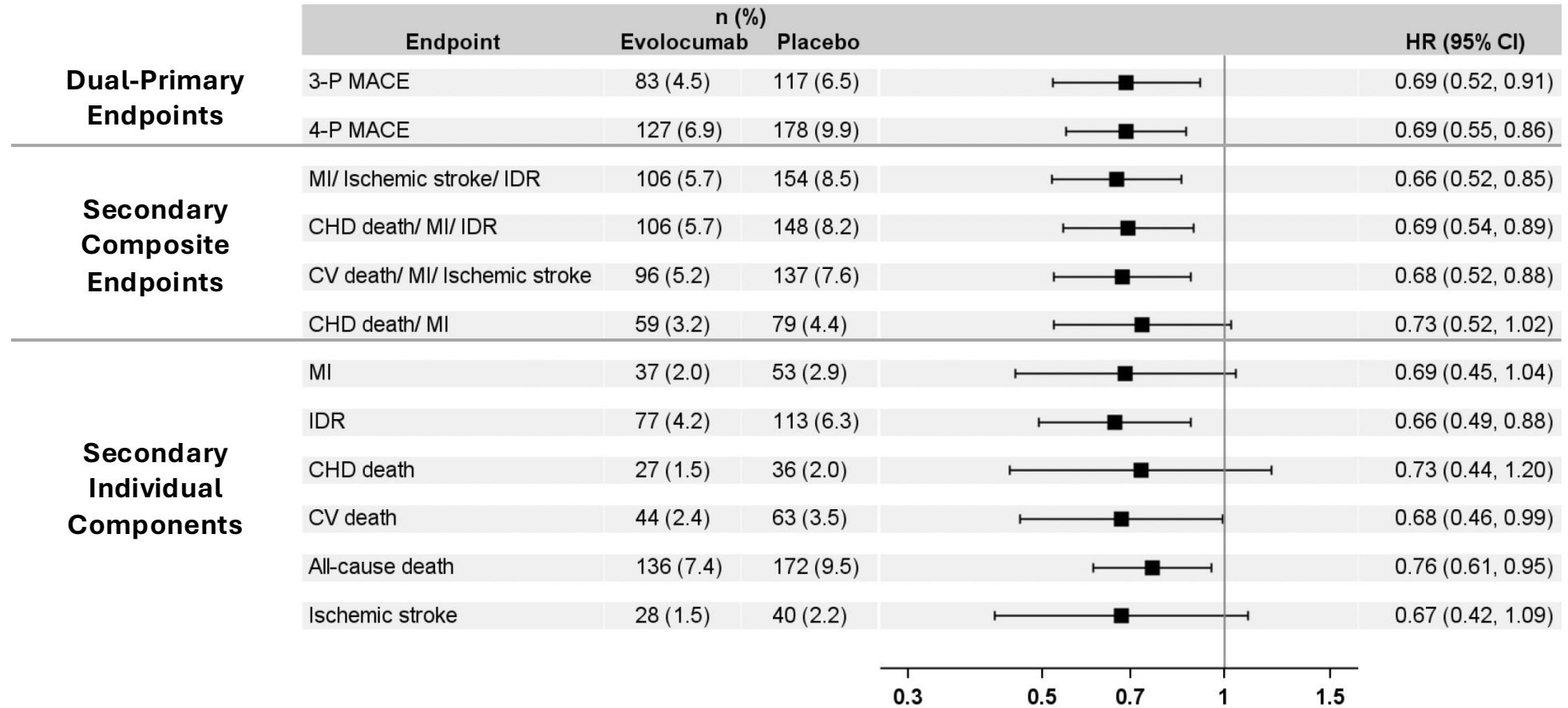
Cardiovascular Death



All-Cause Mortality

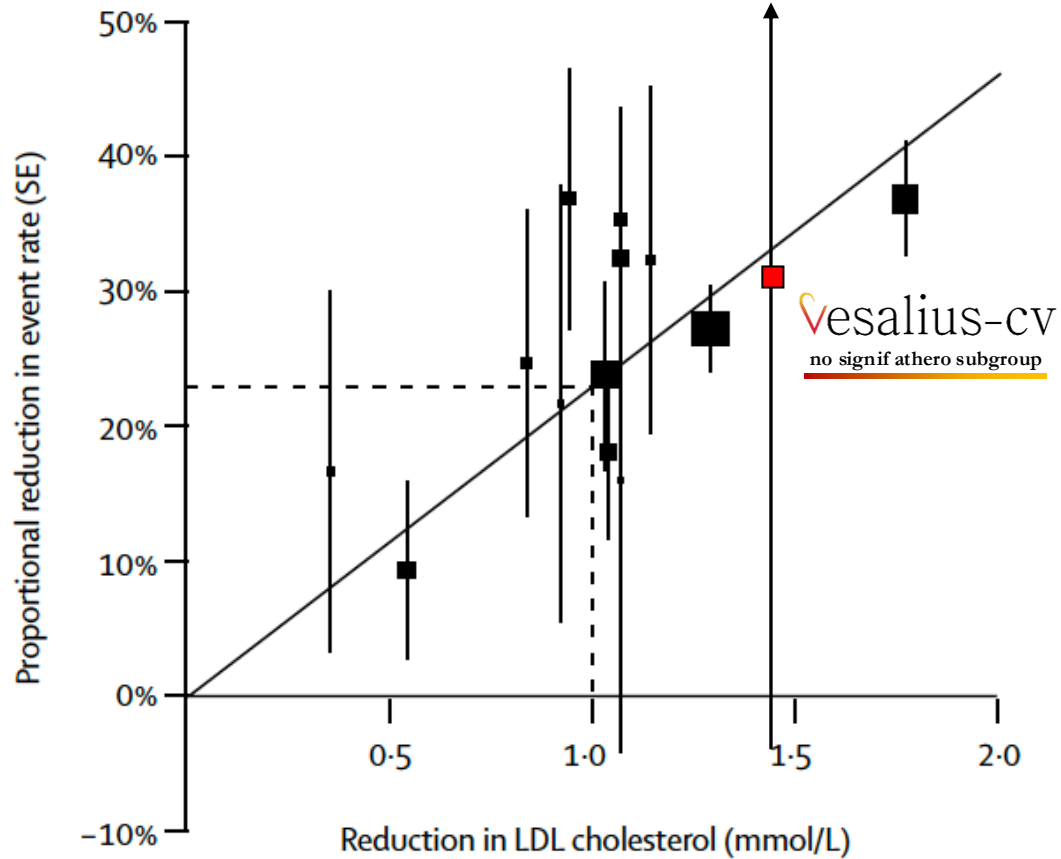


Secondary Endpoints

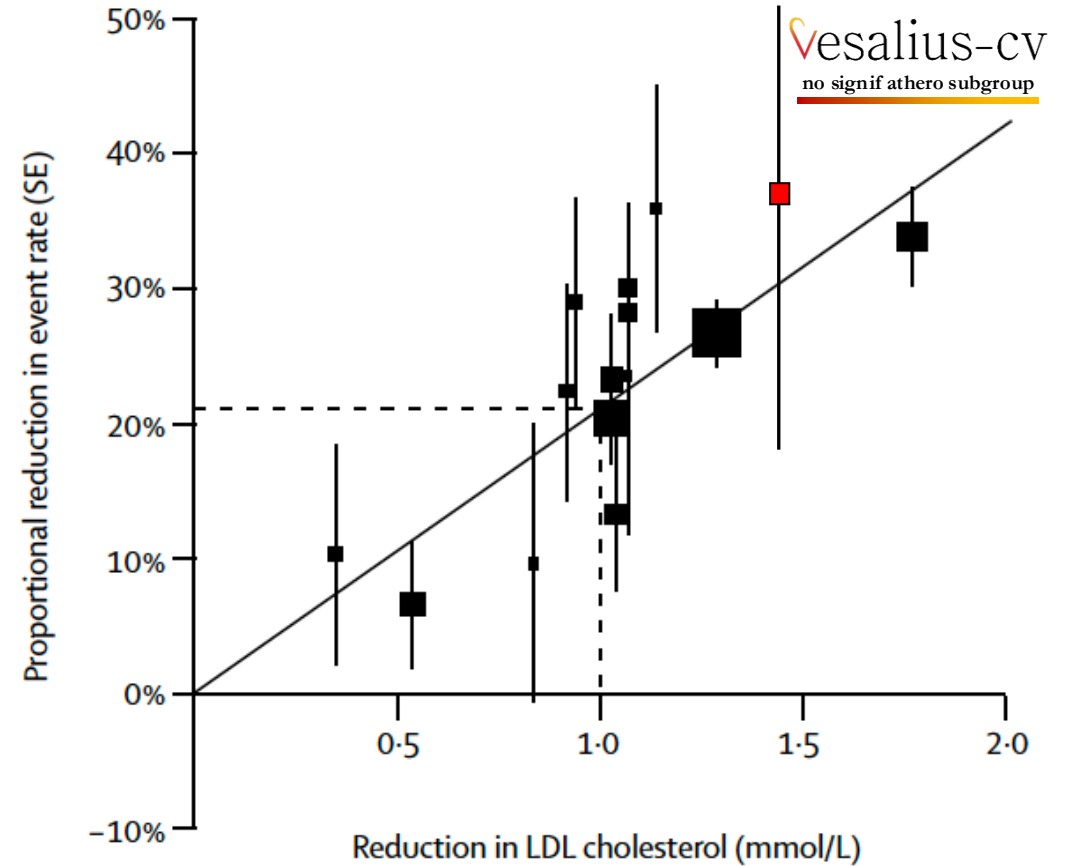


CTTC Meta-regression

Major Coronary Events [MCE]
(Death due to AMI, MI)

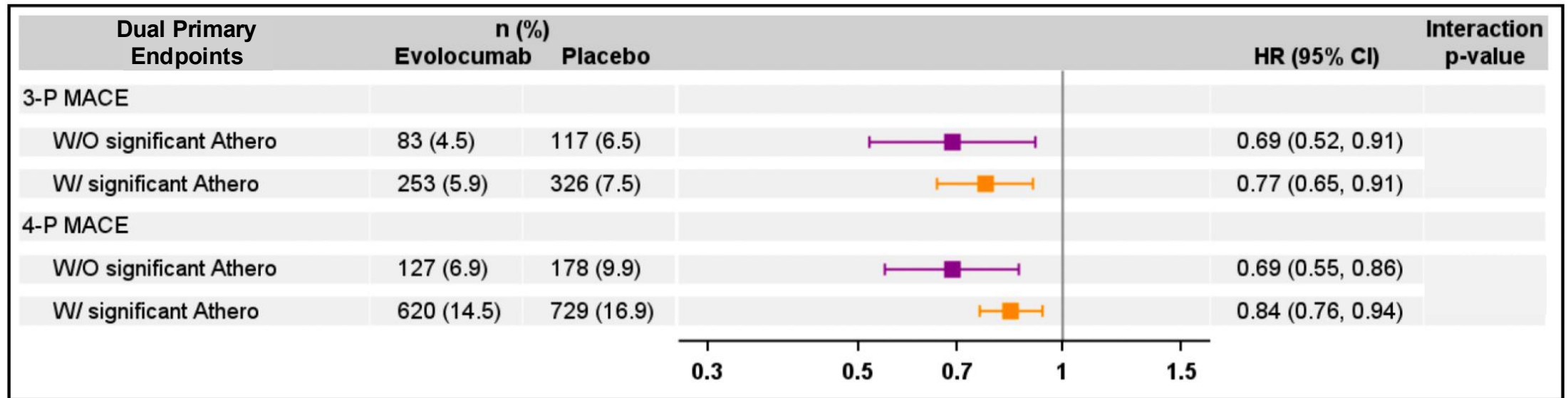


Major Vascular Events [MVE]
(MCE, fatal/non-fatal stroke, cor revasc)



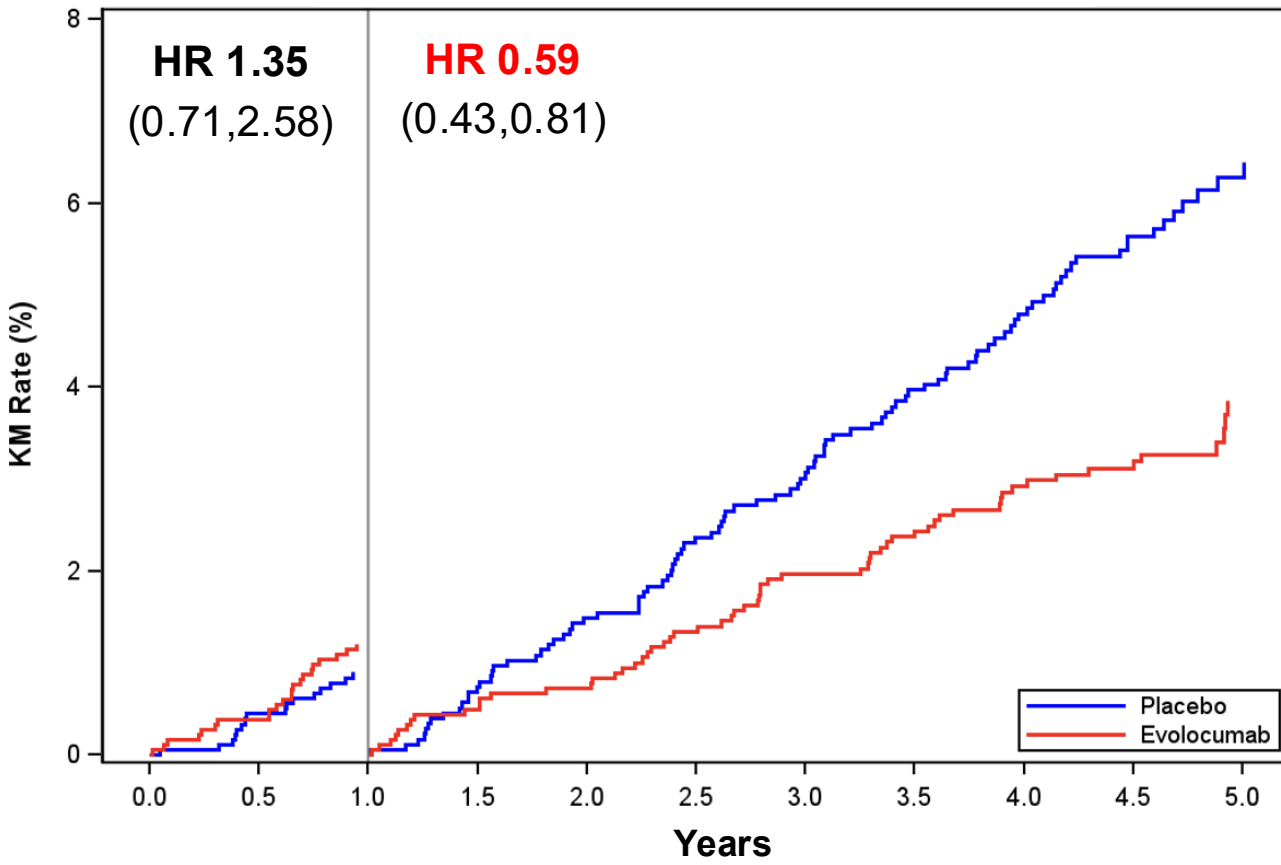
CTTC (Cholesterol Treatment Trialists' Collaboration): pooling of data from the 1° & 2° prevention statin CV outcomes trials.

Without vs With Known Significant Athero

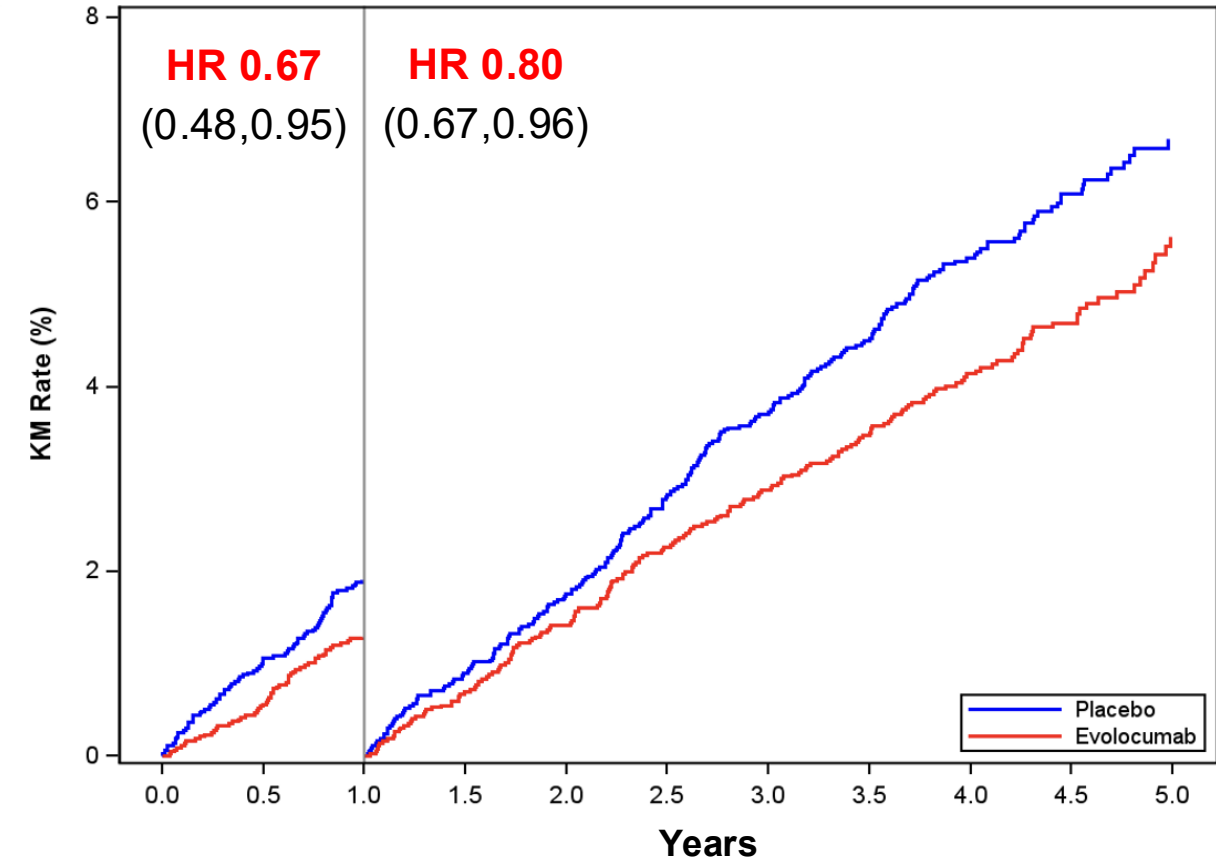


Effect After 1 Year by Athero Status (3-P)

3-P MACE Without Known Athero

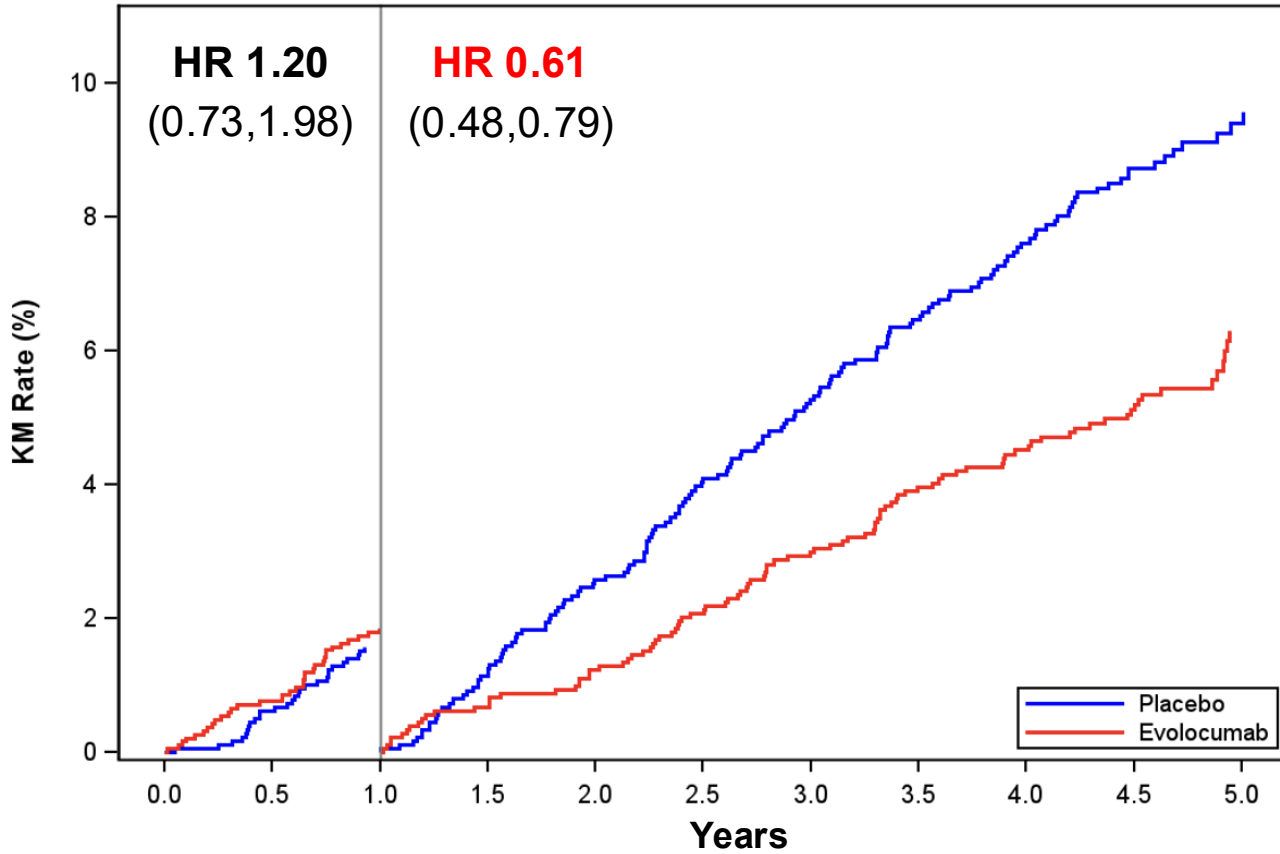


3-P MACE With Known Athero

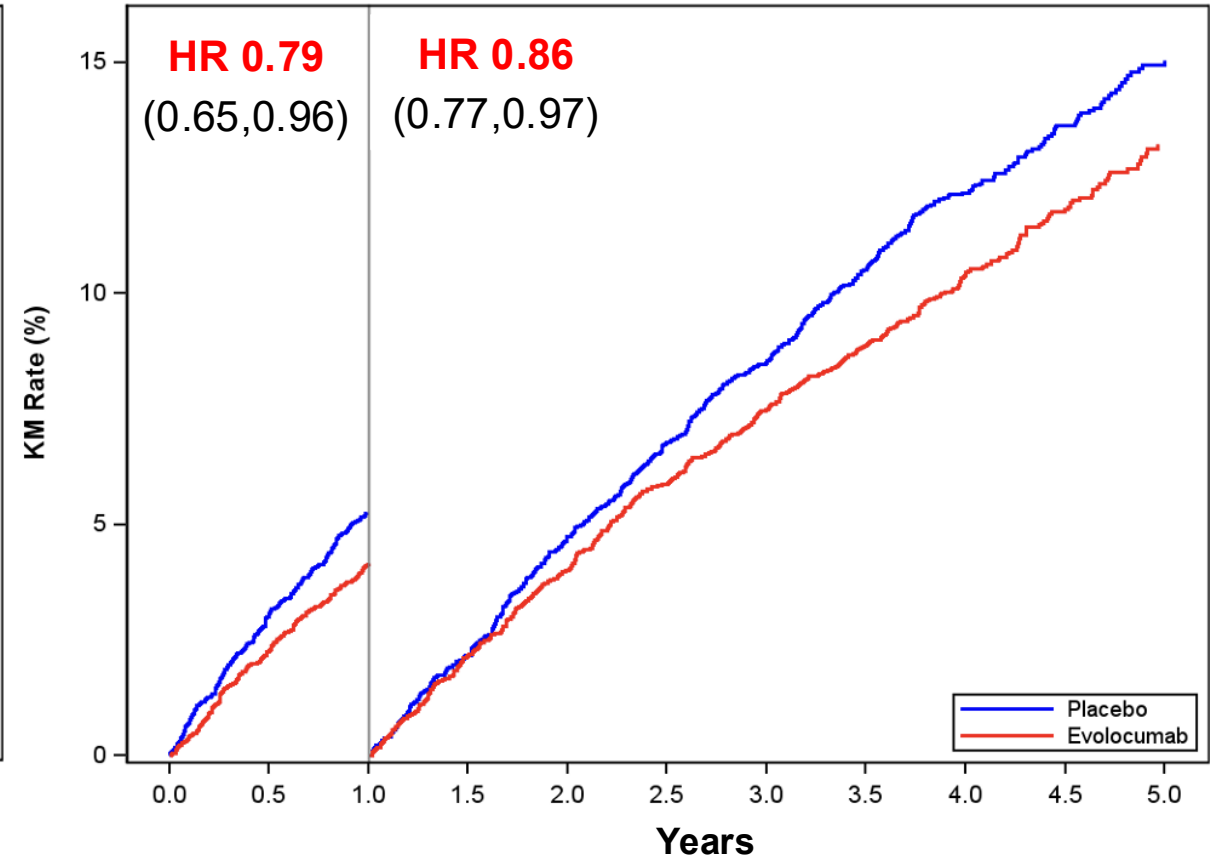


Effect After 1 Year by Athero Status (4-P)

4-P MACE Without Known Athero



4-P MACE With Known Athero



Limitations

- **Systematic imaging was not required**, and some may have had undiagnosed significant atherosclerosis. However, this reflects guideline recommendations and clinical practice.
- **All patients had high-risk diabetes mellitus**, therefore validation in other types of high-risk patients without known atherosclerosis will be important.

Summary

In high-risk primary prevention patients without known significant atherosclerosis and with diabetes, addition of the PCSK9 mAb, evolocumab, to baseline LLRx resulted in:

- Median achieved LDL-C of 44 mg/dL (1.14 mmol/L)
- 31% ↓ in 3-P MACE and 4-P MACE
- ~40% ↓ in MACE after the first year
- 32% ↓ in CV death, MI or ischemic stroke
- Lower rates of cardiovascular and all-cause death

Conclusions

- The benefits seen in this subgroup support intensification of lipid-lowering therapy beyond statins earlier in the atherosclerotic cardiovascular disease process
- The consistency of the magnitude of clinical benefit with that expected from CTTC underscores the value of lowering LDL-C down to ~40 mg/dL in these patients
- ***Thus, these data strongly support that in these lower-risk patients we should be targeting LDL-C goals typically reserved for very high-risk secondary prevention patients***

Marston NA, Bohula EA, Bhatia KA, et al; VESALIUS-CV
Investigators

Evolocumab to Reduce First Major Cardiovascular Events in Patients Without Known Significant Atherosclerosis and With Diabetes

Results From the VESALIUS-CV Trial

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